

Girls

1.5 Mile Times

12:00 – 14:30	= A	= 100 pts.
14:31 – 15:01	= A-	= 90 pts.
15:02 – 15:32	= B+	= 87 pts.
15:33 – 16:13	= B	= 84 pts.
16:14 – 16:54	= B-	= 81 pts.
16:55 – 17:35	= C+	= 79 pts.
17:36 – 18:26	= C	= 77 pts.
18:27 – 19:17	= C-	= 74 pts.
19:18 – 20:08	= D+	= 71 pts.
20:09 – 21:09	= D	= 69 pts.
21:10 & Up	= F	= 65 pts.

Girls

PACER Laps

32 and up	= A	= 100 pts.
30- 31	= A-	= 90 pts.
29	= B+	= 87 pts.
27-28	= B	= 84 pts.
26	= B-	= 81 pts.
24-25	= C+	= 79 pts.
23	= C	= 77 pts.
21-22	= C-	= 74 pts.
20	= D+	= 71 pts.
18-19	= D	= 69 pts.
1-17	= F	= 65 pts.

Girls

Curl Ups

18 and up	= A	= 30 pts.
17	= A-	= 27 pts.
16	= B+	= 26 pts.
15	= B	= 25 pts.
14	= B-	= 24 pts.
13	= C+	= 23.5 pts.
12	= C	= 23 pts.
11	= C-	= 22 pts.
10	= D+	= 21 pts.
9	= D	= 20.5 pts.
8	= D-	= 20 pts.
1-7	= F	= 19 pts.

Girls

Push Ups

7 and up = A = 30 pts.

6 = B = 25 pts.

5 = C = 23 pts.

4 = D = 20.5 pts.

1-3 = F = 19 pts.