

## Boys

### 1.5 Mile Times

10:30 – 12:00 = A = 100 pts.

12:01 – 12:31 = A- = 90 pts.

12:32 – 13:02 = B+ = 87 pts.

13:03 – 13:43 = B = 84 pts.

13:44 – 14:24 = B- = 81 pts.

14:25 – 15:05 = C+ = 79 pts.

15:06 – 15:56 = C = 77 pts.

15:57 – 16:47 = C- = 74 pts.

16:48 – 17:48 = D+ = 71 pts.

17:49 – 18:49 = D = 69 pts.

18:50 & Up = F = 65 pts.

Boys

PACER Laps

61 and up	= A	= 100 pts.
57-60	= A-	= 90 pts.
54-56	= B+	= 87 pts.
51-53	= B	= 84 pts.
48-50	= B-	= 81 pts.
45-47	= C+	= 79 pts.
42-44	= C	= 77 pts.
38-40	= C-	= 74 pts.
35-37	= D+	= 71 pts.
32-34	= D	= 69 pts.
1-31	= F	= 65 pts.

Boys

Push Ups

18 and up	= A	= 30 pts.
17	= A-	= 27 pts.
16	= B+	= 26 pts.
15	= B	= 25 pts.
14	= B-	= 24 pts.
13	= C+	= 23.5 pts.
12	= C	= 23 pts.
11	= C-	= 22 pts.
10	= D+	= 21 pts.
9	= D	= 20.5 pts.
8	= D-	= 20 pts.
1-7	= F	= 19 pts.

Boys

Curl Ups

24 and up	= A	= 30 pts.
22-23	= A-	= 27 pts.
20-21	= B+	= 26 pts.
18-19	= B	= 25 pts.
16-17	= B-	= 24 pts.
14-15	= C+	= 23.5 pts.
12-13	= C	= 23 pts.
10-11	= C-	= 22 pts.
8-9	= D+	= 21 pts.
7	= D	= 20.5 pts.
6	= D-	= 20 pts.
1-5	= F	= 19 pts.